

# Size guide

## T-shirts and shirts

	Men	Women
	UK size	
<b>XS</b>	36	10
<b>S</b>	38	12
<b>M</b>	40	14
<b>L</b>	42	16
<b>XL</b>	44	18
<b>XXL</b>	46	20

## Trousers

	Men	Women
	UK size	
<b>C46</b>	32	10
<b>C48</b>	33	12
<b>C50</b>	34	14
<b>C52</b>	36	16
<b>C54</b>	38	18
<b>C56</b>	40	20